

## Editorial

This is the final issue of the International Journal of Psychoanalysis and Education.

It is not the end of a path, but a metamorphosis into another journal which will be named "Subject, Action & Society" (SAS in acronym form) and subtitled: "Psychoanalytical Studies and Practices", it will come out at the end of June 2021 with a first programmatic issue, it will be enriched by a Scientific Committee and an international Board made up of renowned academics and clinicians.

From the central role of Educational Psychology in dialogue with the other Human Sciences, as an activity for the prevention and recovery of individual and collective psychosocial malaise, we further expand our point of view through the "PolisAnalisi", which is a new orientation in the landscape of Human Sciences and of Clinical Psychology in particular. This orientation is emerging as "a true re-foundation of Social Psychiatry" (quote by Pontalti Corrado). This approach provides further heuristic tools that can be used to analyze the psychodynamic factors underlying contemporary problems and to propose clinical psychological methodologies used to implement a care toward the social.

That is especially relevant today, when the spread of the virus known as "Covid-19" generated a massive emergency and caught many people by surprise, revealing the precariousness not only of health, but also of many other areas of our life, such as relationships, economy, politics, and the environment. COVID-19 can be considered as an unknown, unpredictable, and invisible enemy. Due to its indefinite nature, individuals and societies have put in place special defense mechanisms to defend themselves from an intolerable state of uncertainty and anguish. From a broader point of view, the arrival of Covid-19 consists in a breach in the human illusion of omnipotence. It has put humanity in front of its limit and weakness. This unpleasant contact opens the way to an uncertain future. Change seems inevitable, but the nature of it is still unknown. Whether it will be a regressive or

evolutionary transformation will depend only on us, as individuals, societies, and species. It will depend by how much human beings will focus on emotional education, on planning their existences: in few words, it depends on sustainable educational planning for the prospects of change.

The climatic and economic crisis, xenophobia, extremism, terrorism, the devaluation of institutions, all have common psychological causes. We live in a social body suffering from a depression that is disguised as an acceleration. Impotence, shame, and social anguish generate resentment and paranoia: to simplify conflicts, we project them into distant opponents, enemyizing the other. The true opposite of love is the power fueled by fear.

We analyze the psychological roots of "civil pathologies". On one hand, every political situation is the expression of a parallel psychic experience present in millions of individuals; on the other hand, each personality is the result of history's and social configuration's outcome. The life of the polis (the city) is a set of psychic facts, which, to date, force the individual into the "friend-enemy" scheme, in a desperate search for a stable meaning.

As a cure, we propose methodologies to expand our resources of meaning, to develop multidimensional visions, and to re-educate to the limits, to see the Other as an enrichment and not as an obstacle. PolisAnalisi is a clinical practice aiming at designing new rules of coexistence in a "win-win" perspective, so to allow a secular forgiveness, beyond revenge. In that sense the polis can become the space in which, as conscious citizens, we share gifts and not walls, living in cooperation, reciprocity, and trust.

The killing of the stranger (inside and therefore outside of us) is psychopathology; the cure is listening to the foreigner's stories, to meet our "Shadow" and discover that "the I is the Other". Therefore, let us begin the reading by asking ourselves: what question do we ask the Other with our history and what question does the Other ask us with his?

“What the caterpillar calls the end, the rest of the world calls a butterfly” (Lao Tse).

Therefore, thanking all those who have contributed to the success of these ten years

of IJPE, we are ready to take off for a new adventure, which we will keep carrying out with the same spirit of service that has distinguished us so far.